

MAKE YOUR OWN MUSIC!

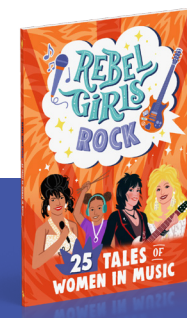
WRITE YOUR OWN LYRICS

Based on the techniques used by Joni Mitchell and Olivia Rodrigo to turn real-life events into music, use the template to write your own song!

- **VERSE:** Write the 'story' of the song.
- **CHORUS:** Write the catchiest repeating lines.
- **BRIDGE:** A 'change-it-up' area to alter the speed or tempo.

SONGWRITER'S TIP:

LYRICS CAN
BE ABOUT
ANYTHING -
FROM A BEST
FRIEND TO A
PET!



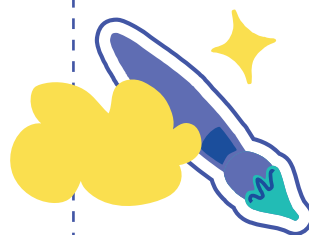
Content inspired by:
Rebel Girls Rock: 25 Tales of Women in Music

MAKE YOUR OWN DRUM!

MARCH TO THE BEAT OF YOUR OWN DRUM

Inspired by the rhythm and creativity of drummers like Nandi Bushell, you can make your own drum using simple household items. Follow these steps to build your instrument:

- **STEP ONE:** Find an empty coffee tin and a piece of construction paper. Using the coffee label as a guide, cut the paper to fit perfectly around the tin and glue it in place.
- **STEP TWO:** Find a scrap piece of fabric, such as an old T-shirt, or a paper towel. Cut it into a circle that is large enough to fit over the top of the coffee tin.
- **STEP THREE:** Place your fabric or paper towel circle over the opening. Secure it tightly using glue or a rubber band around the rim.
- **STEP FOUR:** Place the plastic lid that came with the coffee tin back onto the container, right over the fabric.
- **STEP FIVE:** Make the drum your own by decorating it with stickers, shapes cut from construction paper, or your own colorful doodles.
- **STEP SIX:** Find some wooden sticks, such as chopsticks or pencils, to use as your drumsticks. Put on your favorite song and play along by keeping the beat or making up your own rhythm!



COMPOSE YOUR OWN MELODY

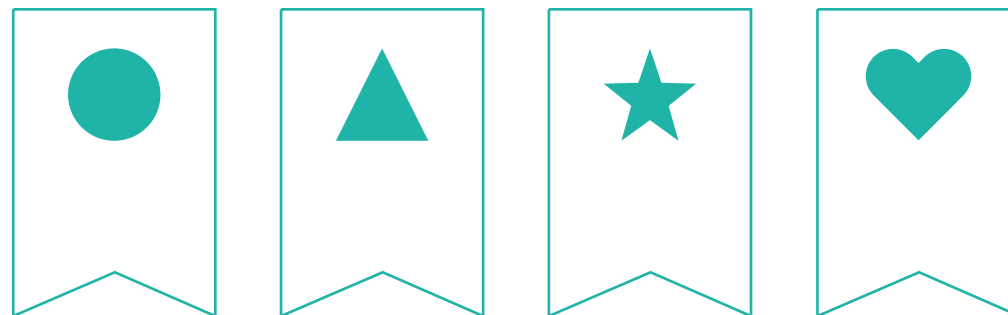
INSTRUCTIONS

Based on Evelyn Glennie, who learned to “listen” with her whole body by feeling vibrations, try composing your own special musical code using your body!

- **STEP ONE:** Under each shape, write down a specific physical sound it represents. For instance:
 - ★ Star: One loud clap
 - ♥ Heart: A low, flat palm stomp on a table
 - Circle: A snap of your fingers
 - ▲ Triangle: A quick pat on your knees
- **STEP TWO:** Once you have your code, it is time to write your ‘score’. On the rest of your paper, arrange your symbols into a sequence.
- **STEP THREE:** Now try to perform your sequence five times in a row without stopping to find your creative “flow”!

EXTRA MINIGAME

Switch papers with a friend or sibling. Without saying a word, see if they can “read” your code and play back the rhythm you composed.



MAKE A MOOD BOARD!

INSTRUCTIONS

This activity is inspired by the bold, expressive styles of music icons like Björk, Nervo, and Dolly Parton. Use this collage to capture the “vibe” of your favorite music.

- **STEP ONE:** Choose a song that makes you feel a specific way—it could be happy, excited, nostalgic, or relaxed.
- **STEP TWO:** Look through magazines and newspapers for words and images that match the feelings the song brings to your mind.
- **STEP THREE:** Cut out your favorite finds and arrange them on your paper until you like the look, then glue them down.
- **STEP FOUR:** Draw your own doodles or add pictures from your life that fit the mood of your song.
- **STEP FIVE:** Somewhere on your page, write a quote that keeps you grounded, like: “Nobody can be perfect, ever”.



WHAT YOU'LL NEED:

- Paper
- Markers, crayons, or coloured pencils
- Stickers
- Old magazines or newspapers
- Glue and scissors

